



PEVENSEY BAY SAILING CLUB

AQUILA

FEBRUARY 2021

COMMODORE'S COLUMN

Dear Members,

I hope that this Aquila finds you in good health and spirits, and looking forward to a summer where we can experience some sort of normality. Personally I have found this last lock down particularly hard with gloomy, soggy weather making it even more difficult to do anything outside. Still, the evenings are drawing out and the sun is beginning to give us warmth when the clouds allow.

I hope that you are busy getting your boats and equipment ready for sailing in the spring as by the time you receive the next Aquila the season will almost be upon us and we should start to know what we will be permitted to do. We aim to offer early season training if at all possible, perhaps this is rather optimistic, but we can hope. If we can't get information in the Aquilas we will keep you in the picture by emailing you directly.

A common theme of ExCom meetings is the slight, but steady decline in the size of the membership and the consideration of how we can recruit new members. We could advertise widely and spend a lot of your money which may or may not be successful. I have long thought that the members, YOU, are the best form of advertising that we have. You know the Club, you know how good or perhaps bad!..... it is. Hopefully, as you are members, you, like me think it's a fantastic club on a great site, excellent clubhouse with lovely members. The best place in the area to sail! So why don't you sell it

to your friends, neighbours and colleagues. It's actually great and pretty rewarding to introduce someone you know to a sport that you love, as I'm sure most of you have found.

I would ask all of you to think about who you could introduce to sailing at PBSC and before the Taster Days (1st May and 4th September) talk to them about trying it out. Of course you don't have to wait for a taster day as you are welcome to bring someone along to the Club at any time and sign them in as a guest. I guess I should say, that at the moment, Covid restrictions may prevent this early in the summer sorry I mentioned Covid again!! So yes, a challenge, see how many of your friends you can introduce to sailing.

I have never really been one for following the big sailing events, but with a bit more time on my hands I have been an avid follower of the Americas Cup and the Vendée Globe, both fascinating in their own right but very different. The cutting edge of our sport! Almost unbelievable! But interesting to see the racing rules applied at the top level as well as the tactical use of wind and weather systems. If you haven't already I recommend having a look at; <https://www.americascup.com> and <https://www.vendeeglobe.org/en>

Dave Boniface

commodore@pbsc.org.uk

SEE PAGES 9,10 AND 11 FOR THE
PBSC 2021 SAILING SCHEDULE



Membership

Hi Everyone, I hope you are all well.

I write this on a grey day at the end of a very cold week. I probably wouldn't have wanted to sail even if Covid had allowed it. Still we are mid February now and hopefully restrictions will ease by the end of March to allow our season to start as normal.

Around that time we will be arranging a working party to move some of the unused / abandoned boats to the back of the field and free up some spaces at the front for those who sail regularly. Obviously I cannot give a date yet as we do not know when we will be allowed to organise such an event.

To all those of you who have renewed your membership, I thank you for that. For those who are yet to do so, do remember to do it before the end of March to make the most of the discount. You know who you are! For those who want to post hard copy forms, while you can use the club address, you can also post them to my home address. I won't include this in Aquila, but if you want to know it then reply to this e-mail.

If you keep your road base at the club, can I remind you to ensure that it is clearly marked up with your name and the boat name and sail number. This is particularly important for road bases kept at the back of the field rather than under your boat.

We have had several boats blow over this winter at the club. As far as I am aware there has not been any major damage. However, it serves as a reminder to keep boats well tied down especially if they are left with the mast up.

We had some building work carried out at the house last week and one of the builders saw our boats in the garden and asked whether I wanted another one. It turns out that he lives on a farm and there is "Lark" there (as in a boat, not a bird). It is in the way and they want it gone. Apparently it is complete and ready to sail, although he did say he has never sailed so wouldn't know if there was something missing. We didn't talk about money but I expect that it could be acquired at "modest cost".

Stay safe everyone and I hope to see you at the club in April.

Duncan

membership@pbsc.org.uk

...and from the Rear:

Following on from last month when we suggested that individuals could take on the responsibility for doing small tasks around the Club, in your own time, we have refined the list further and added some simple but very necessary tasks. It looks as if restriction could be eased in March, and hopefully with an improvement in weather, we will want to get a bit of fresh air at the seaside! If you fancy tackling any of the following task please email; commodore@pbsc.org.uk

Rubbing down and resealing patio benches.

Rubbing down and resealing upstairs decking tables / benches.

Cleaning patio and upstairs flooring.

Litter picking (maybe for the kids), make the club a litter free zone!

Weeding around boats park, contact Phil Leyland.

Burying the hose to the beach taps.

Cleaning of changing rooms.

Tidying members container.

Strip out wet bar, labourer.

Clean walls of the wet bar.

Clear the junk from the club site generally.

Some minor pothole filling.

Andrew

Sailing School

The Sailing School is looking forward to welcoming new and old members back on the water with a packed start to RYA training this year - if necessary dates will be pushed back.

For new sailing members we have two **Level 1** courses running in club single handers, so please spread the word to friends and families who may be interested. Tuesday evenings start on the 4th May and Saturdays on the 22nd May.

A **Level 2** course will start on Tuesday the 15th June to follow on from the Level 1, this could also be of interest to those who have been off the water and want to reinforce their skills.

Thursdays are popular evenings at the club so pop the 6th May in your diaries for the **Level 3**, Seamanship Skills and general improvers session. Please let Karen know on pbsctrainingadmin@pbpsc.org.uk if you will be coming to the Thursday sessions so that we can have the right cover.

We are keen to provide training that enables you, the members, to enjoy and improve your sailing skills so please talk to one of the instructors or myself with any ideas you may have.

Further details reference the above is available on the website or from myself.

Look forward to hearing from you and seeing you on the water,

Karen



Saturday Sailing

Saturdays at PBSC in 2021 are shaping up to be a fun packed day for on and off water activities subject to any Covid related restrictions that may be in place at the time. Please keep your eyes on the Facebook page or Website for further updates and announcements regarding specific events.

Our Sailing, Social, and Sailing School committees have planned a great Calendar for Saturdays this year and I wanted to share some highlights from the sailing side of things.

OnBoard session for our Sharks (8-15+ years old) - Saturday mornings from 10am

We aim to be out on the water at 10am and normally finish activities in time for lunch at 1pm. During these sessions we cover the RYA Stages 1-4 for youth sailing plus other more class specific training. Getting out on the water is always the plan but we will meet for other related activities if weather conditions aren't suitable for sailing.

There will be a small charge of £30 for each cadet (£20 if you are using your own boat), which will cover the cost of all training sessions, an RYA training log book, and of course free use of the club's boats for the On Board sessions. A sibling discount will be applied reducing the cost to £20 for second and subsequent children.

Pevensey Penguins (4-7 years old) Saturday mornings from 11am

We have a growing number of junior members who are just a bit too small to attend the Sharks sessions but that shouldn't stop them from having fun on, in or around the water. 2021 will see a return of the Penguins to PBSC with parent led activities to get your little ones engaged and involved at the club. If you are interested in your child taking part in Penguin sessions then please email cadets@pbsc.org.uk and we will keep you updated with activities.

Pevensey Youth Squad (typically 15-18 years old) Saturday Afternoons from 2pm

The older cadets are active on Saturday afternoons with more advanced training including race specific coaching. We have a keen and growing group of youth sailors many of whom are sailing Lasers but others are active in a number of different classes.

Saturday Social Sailing

In addition to all the activities we have organised for our junior members the afternoons will also see the reintroduction of Saturday Social Sailing consisting of free sailing, fun informal racing and some short hop cruises.

The races on Saturdays will be pitched at those who are feeling a little rusty or just keen to give racing a go for the first time in an informal and fun environment.

There are already a number of cruise dates in the calendar for July, September and October. The cruises are of course weather dependant but a great opportunity to explore a bit more of the coast outside of our immediate bay, with the comfort and security of safety boat cover.

I look forward to seeing you all out on the water soon.

James

Nikki Boniface Update

I hope this finds everyone safe and well and managing to keep yourselves busy in inventive ways. It seems you can't send an email or start a conversation without mentioning Corona virus so why break the tradition! In an attempt to distract people from the world at the moment I thought I would write an update on my sailing (However, a much better way of distracting yourself is watching Oli Greber with INEOS fighting it out in the Prada Cup and seeing how living freely in NZL looks like another planet!)

ANYWAY.

With the postponement of the games came an even longer interim period for Ben and me. Normally teams that miss out on selection get given the remainder of the cycle time off to rest, recover and think about life before starting on the new adventure post games. This meant by the Autumn we still didn't know how we felt about committing to another Olympic cycle as we hadn't had the opportunity to close the door on the 2020 games and try different avenues in life due to lockdown. We decided to go back to training to keep that option open but since then the doors on the rest of world have closed again and even though there is an elite sport exemption, travelling and training is very complicated. Teams that have managed to get out of the UK do not know when they can get back. This wasn't the right decision for Ben and me, so Ben decided to take a 6 month internship and we will regroup in July.



While Ben is doing that I have a few projects to get involved with. Sailing wise I have made it down to the last 6 in the sail GP female talent search project. The sail GP is the fastest class racing there is with cutting edge technology on 50ft foiling catamarans and for the 2021 season every team needs to have a female onboard. Lockdown has made it hard for the GBR team to run trials, but the next step is 3 days of trials on Wazps and a lot of other tests/screenings at the end of the March - if lockdown allows! I will also continue to sail on the 49/49er FX when possible to keep improving my skills in case a suitable team mate becomes available.

Aside from my own sailing I am coaching the younger Nacra 17s and I am the Nacra 15 class coach. Hopefully when rules start to ease we will be able to get the youth squad back on the water as much as possible to start catching up on some hours. The RYA aren't sure about international events this year so there is a big push for National events this summer to make sure there is some racing for everyone. Alongside this I am involved in a project looking into the development of female athletes progressing into coaching, as across sailing and all other sports in the UK only 10% of elite coaching roles are taken up by women. With this statistic is it surprising that so many young girls drop out of sport? This means I am working on a similar project looking into why sailing has such a huge drop out of female sailors between Youth and Olympic development levels. I feel very passionately about girls staying in sport to help them lead a healthy life, so I am enjoying being part of both of these projects.

I really hope to see you all on the beach soon and hopefully we have a warm spring and lots of sailing chances!

Nikki

Michael Tanner resumes his sailing narrative which he started last month:

2020 Sailing

After Sailing throughout the 2019-20 winter, I was looking forward to another year of sailing at Pevensey Bay. But due to the pandemic, everyone was forced to stay at home, and nothing happened for three months.

Finally, in May, sailing was able to resume. I started sailing my Laser, which I had sailed once before. At first it was scary, but each week I gained more confidence.

I sailed as much as possible. Every Sunday dad wasn't working, the Saturdays dad could do. As dad was working from home, due to Covid, I was able to sail in the evenings, which I was never able to do before. Once or twice each week, I went free sailing with Ella and Jacques, and took part in the Thursday evening sessions. My confidence in the Laser improved quickly, and I started to love it more and more.

During the summer I also had the opportunity to sail an RS Aero 7, which I found extremely strange after getting so used to the laser. It was very light and felt like it could be very fun to sail if I got used to it, but a boat that nice on the shingle beach at Pevensey wouldn't be desirable.

In August, I competed in the Cadet Cup, which had to be abandoned on the first Saturday due to lack of wind. The next Saturday, 5 races were completed, and I won two out of 5 races, allowing me to win the event by a single point.

I sailed at the start of the Autumn, but due to a combination of bad weather, dad working and the DofE I missed around a month of sailing. Another lockdown followed, and I lost even more sailing time.

After it ended, we started sailing at Bewl Sailing club. No official racing took place, but just getting on the water again after a 2-month break was really nice. Then the current lockdown came, and again sailing has been put on hold.

Hopefully sailing can resume soon.

Michael Tanner



Virtual Regatta

Whilst the latest lockdown has put paid to any water based activities for all of us, a number of junior members who have been sailing in the Cadet Class have been competing in a Sunday Evening Lockdown Series run by the Class Association. Emulating our PBSC stars they've been racing AC75s, and Nacra 17s amongst other boats such as 49ers and Lasers all from the comfort of their sofas and kitchen tables.

The series has proved to be a great learning experience for all involved with the racing rules and tactics utilised by the older more experienced helms being absorbed by those with less experience.

The handicapped pursuit race at the end of each session sees the highest placed sailors assigned to those lower down the fleet in a coaching role. From an observers perspective 30+ kids on a zoom call all battling for the pin end, sounds like complete chaos but appears to work! Congratulations to rising stars in the fleet Fraser Mechan who has won the last two races, closely followed by sister Lauren in the first race.



Like the real world it's not all been plain sailing with competitors having to battle inclement and sometimes challenging broadband conditions which have seen parents and siblings banished from Netflix and iPlayer whilst racing is underway. Eve and Nancy have taken to switching locations around the house with their ipods seeking "clear wifi" to avoid dropping out of the race.

It's obviously not the same as being out on the water but it's proving to be a great learning experience and a welcome Sunday evening distraction as another week of home schooling looms!

NEWBIES CORNER

Things I have learnt since joining PBSC Executive Committee...



-Want to know what the Executive Committee has been discussing? The Minutes from each month's Executive Committee meeting are posted on the Club website once they have been approved at the following month's meeting.
-Something I haven't learned yet is how to do it. But rest assured, there are others who do, and the January Meeting's Minutes are about to go up.

Sarah Pullen

SAILING CALENDAR 2021

PBSC Calendar 2021						
MARCH						
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
1	2	3	4	5 Committee meeting 19:30	6 <i>Working parties - working within the current covid restrictions and guidelines</i>	7
8	9	10	11	12	13 <i>Working parties as above</i>	14
15	16	17	18	19	20 <i>Working parties as above</i>	21
22	23	24	25	26	27 <i>Working parties as above</i> <i>Get help prepping your boat day</i> <i>Safety boat and OOD training</i>	28
29	30	31				

PBSC Calendar 2021						
APRIL						
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
				1 Com meeting 2 <i>Good Friday: No planned activity but normally people about if weather is good</i>	2 <i>(adhoc race training)</i>	3 Easter, Including egg hunt 4 <i>Easter Egg race 1+2</i> <i>first warning signal 10:30</i> <i>Easter egg race 3+4</i> <i>first warning signal 14:00</i> <i>prize giving after sailing</i>
5 <i>Bank Holiday 1+2</i> <i>first warning signal 10:30</i> <i>bank holiday 3</i> <i>first warning signal 14:00</i>	6	7	8	9	10 <i>Social Saturday sailing and safety boat practice</i>	11 <i>Spring series 1+2</i> <i>first warning signal 10:30</i> <i>Spring series 3</i> <i>first warning signal 14:00</i>
12	13	14	15	16	17 <i>Social Saturday sailing and safety boat practice</i>	18 <i>Spring series 4+5</i> <i>first warning signal 10:30</i> <i>Spring series 6</i> <i>first warning signal 14:00</i>
19	20	21	22	23	24 <i>Social Saturday sailing and safety boat practice</i>	25 <i>Mens Tankard 1-4 alongside;</i> <i>Spring series 7+8</i> <i>first warning signal 10:30</i> <i>Spring series 9+10</i> <i>first warning signal 14:00</i>
26	27	28	29	30		

PBSC Calendar 2021						
MAY						
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
				Committee meeting 19:30	1 Taster Day Need Volunteers for; Joy rides Beach and bar General help with visitors	1 Spring series 11+12+13 first warning signal 10:30 3 shorter races back to back to back. No afternoon racing
3 <i>Bank Holiday 4+5</i> first warning signal 10:30 <i>bank holiday 6</i> first warning signal 14:00	4 Level 1 course start 18:00	5 Level 3 start 18:00	6	7 Sharks registration 10-13:00 Penguins registration 11-13:00 PBSC Youth Squad + race training for all 14:00 <i>Social Sailing and Safety boat training 14:00</i>	7 Sharks registration 10-13:00 Penguins registration 11-13:00 PBSC Youth Squad + race training for all 14:00 <i>Social Sailing and Safety boat training 14:00</i>	8 Vice commodores pursuit race first warning signal 10:30 Spring series 14 First warning signal 14:00
10	11 Level 1 course 18:00	12 Level 3 course 18:00	13	14 Sharks 10-13:00 Penguins 11-13:00 PBSC Youth Squad + race training for all 14:00 <i>Social Sailing and SB training 14:00</i>	14 Sharks 10-13:00 Penguins 11-13:00 PBSC Youth Squad + race training for all 14:00 <i>Social Sailing and SB training 14:00</i>	15 Spring series 15+16 first warning signal 10:30 Spring series 17 First warning signal 14:00
17	18 Level 1 course 18:00	19 Level 3 course 18:00	20	21 Sharks 10-13:00 Penguins 11-13:00 <i>Cruise to Eastbourne for icecream weather permitting. Otherwise normal activities. Leaving 12:00 Level 1 course start 09:00-16:30</i>	21 Sharks 10-13:00 Penguins 11-13:00 <i>Cruise to Eastbourne for icecream weather permitting. Otherwise normal activities. Leaving 12:00 Level 1 course start 09:00-16:30</i>	22 Spring series 18+19 first warning signal 10:30 Spring series 20 First warning signal 14:00
24	25 Level 1 course 18:00	26 Level 3 course 18:00	27	28 Sharks 10-13:00 Penguins 11-13:00 PBSC Youth Squad + race training for all 14:00 <i>Social Sailing and Safety boat training 14:00</i>	28 Sharks 10-13:00 Penguins 11-13:00 PBSC Youth Squad + race training for all 14:00 <i>Social Sailing and Safety boat training 14:00</i>	29 Ladies bowl 1-4 alongside; Spring series 21+22 first warning signal 10:30 Spring series 23+24 first warning signal 14:00
31 <i>Bank Holiday 7+8</i> first warning signal 10:30 <i>bank holiday 9</i> first warning signal 14:00						

PBSC Calendar 2021						
JUNE						
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	1 <i>Level 1 course last session 18:00</i>	2 <i>Level 3 course 18:00</i>	3 <i>Committee meeting 19:30</i>	4 <i>Sharks 10-13:00</i> <i>Penguins 11-13:00</i> <i>PBSC Youth Squad + race training for all 14:00</i> <i>Social Sailing and Safety boat training 14:00</i>	5 <i>Sharks 10-13:00</i> <i>Penguins 11-13:00</i> <i>PBSC Youth Squad + race training for all 14:00</i> <i>Social Sailing and Safety boat training 14:00</i> <i>Level 1 course 09:00-16:30</i>	6 <i>Federation and junior federation cup</i> <i>Federation and junior federation cup</i>
7	8 <i>Level 3 course 18:00</i>	9 <i>Level 3 course 18:00</i>	10	11 <i>Sharks 10-13:00</i> <i>Penguins 11-13:00</i> <i>PBSC Youth Squad + race training for all 14:00</i> <i>Social Sailing and Safety boat training 14:00</i>	12 <i>Joint race with ESSC</i> <i>2 Races off the harbour first warning signal 11:00</i>	13
14 <i>Level 2 course start 18:00</i>	15 <i>Level 3 course 18:00</i>	16 <i>Level 3 course 18:00</i>	17	18 <i>Martello race + half Martello</i> <i>Slow fleet warning signal 10:00</i> <i>Med fleet warning signal 10:30</i> <i>Fast fleet warning signal 11:00</i> <i>Cat fleet warning signal 11:30</i> <i>Hastings Topper training</i>	19 <i>Summer series 1+2</i> <i>first warning signal 10:30</i> <i>Summer series 3</i> <i>first warning signal 14:00</i> <i>Hastings Topper open</i>	20
21 <i>Level 2 course 18:00</i>	22 <i>Level 3 course 18:00</i>	23 <i>Level 3 course 18:00</i>	24	25 <i>Sharks 10-13:00</i> <i>Penguins 11-13:00</i> <i>PBSC Youth Squad + race training for all 14:00</i> <i>Social Sailing 14:00</i>	26 <i>Lawrie Lester Trophy 1+2</i> <i>first warning signal 10:30</i> <i>Lawrie Lester Trophy 3+4</i> <i>first warning signal 14:00</i> <i>ESSC Aero and Scorpion open</i>	27
28 <i>Level 2 course 18:00</i>	29 <i>Level 2 course 18:00</i>	30				