



Spring, Summer, Autumn, Bank holiday and Brass monkey series.

Easter egg race, Mens tankard, Ladies Bowl, Catamaran class, Matthew Pollard memorial,
Laurie Lester, RNLI, Airbourne.

Vice Commodore, Cecil Bale, Cock 'o' bay pursuit races

Pevensey Bay Sailing Club

2026

Sailing instructions

1. RULES

1.1 The Regatta will be governed by the rules as defined in: The Racing Rules of Sailing 2025 – 2028

1.2 All boats will be required to sail according to their respective class rules, particularly regarding weight equalizing rules. However, under Rule 87, class rules which permit pumping, rocking and ooching in certain wind conditions and/or change penalty turns (rules 44.1 and 44.2) are suspended for the purposes of this regatta

1.3 Boats are permitted to use non class legal equipment (such as sails or foils) as long as it does not constitute a performance benefit.

1.4 In the event of a conflict between documents, the Sailing Instructions will prevail. This changes RRS 63.7.

2. CHANGES TO SAILING INSTRUCTIONS

2.1 Any change to the sailing instructions will be posted before 10:00 on the day it will take effect, except that any change to the schedule of races will be posted 48 hours before it will take effect.

2.2 There will not be any changes to the sailing instructions once a series or trophy has begun.

3. COMMUNICATION

3.1 The official noticeboard will be online at <https://www.pbsc.org.uk/sailing/club-racing/> Any amendments to the sailing instructions shall be posted there with a date stamp.

3.2 The course board will be located either just inside the entrance to the club house or out on the front patio

3.3 The Race office is located at the top of the stairs inside the club house.

3.4 [DP]The carrying of VHF radios and mobile phones is permitted but interference with running of the racing is prohibited

4. CODE OF CONDUCT

4.1 [DP] Competitors and support persons shall comply with reasonable requests from race officials

5. SIGNALS MADE ASHORE

5.1 If flags are being used, they will be displayed on the main flagstaff at the front of the club house above the main door.

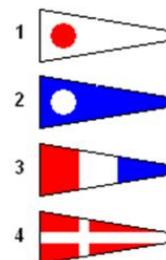
5.2 If lights are being used, they will be displayed from the balcony above the boat house

6. SCHEDULE OF RACES

6.1 This can be found on the calendar located at <https://www.pbsc.org.uk/calendar/>

7. CLASS FLAGS

7.1 In the event that flags are being used instead of the light system numeral pennants will be used to denote the warning signal. If there is only one scheduled start then #1 will be used, if there are two the second start will be #2 etc.



8. RACING AREA

8.1 The racing area will be decided by the Officer of the day (OOD) and posted on the course board. The typical area will be directly in front of the club house.

9. COURSES

9.1 The course will be displayed on the course board at least 30 minutes before the first warning signal.

9.2 The OOD can decide on any design course they desire.

9.3 In the event that a course needs to be reversed after competitors are on the water flags L over R shall be displayed with one sound signal.

9.4 [DP] Any complaints about the course or running of the racing shall be emailed to Commodore@pbsc.org.uk in line with the complaints procedure and not directed at any volunteer. Complaints should also not be made indirectly in a way that could cause upset or end up as gossip. **THERE IS A ZERO TOLERANCE POLICY ON ABUSE TO THE VOLUNTEERS THAT ALLOW YOU TO SAIL.**

10. MARKS

10.1 Marks may be a variety and will change week by week depending on the OOD and mark layers preference.

11. OBSTRUCTIONS

11.1 There is a swimming zone located off the beach to the east of the club and extends down the coast towards Cooden. This zone is defined by a series of yellow buoys, sailing between the buoys and the beach in this zone is strictly prohibited. If witnessed by the OOD you may be disqualified without a hearing.

12. THE START

12.1 Races will be started as follows: A light system may replace flags; a description of the light system is found at the bottom of this document in appendix 1. This changes rule 26. In the event the light system is not working or the racing is being run from a committee boat, flags and rule 26 may be used instead

12.2 For multiple starts the sequence of starts will be indicated on the course board

12.3 The start line shall be an imaginary line extending out to sea from the main flag pole and a transit with a diamond near the top of the beach. There may also be outer and inner distance marks displayed on the course board; these shall be passed between. If the course board dictates a different start line, then that will be used instead.

12.4 If any part of a boat's hull is on the course side of the starting line at her starting signal and she is identified, the race committee will attempt to hail her sail number. Failure to hail her number, failure of her to hear such a hail, or the order in which boats are hailed will not be grounds for redress. This changes RRS 61.4 (B) 1

12.5 A boat that does not start within 5 minutes after her starting signal will be scored Did Not Start without a hearing. This changes RRS A5.1 and A5.2.

12.6 For pursuit races the start time of each boat is defined by the start time list posted on the course board. A boat shall be behind the line at the time of their start and not interfere with other boats starting before them.

13. CHANGE OF THE NEXT LEG OF THE COURSE

13.1 During Handicap races the course shall not be moved while a race is under way.

13.2 Where proposed race duration is indicated, the end of a race will be controlled by shortening course. When a shortened course is indicated, by either a light signal or flag S, all boats shall finish next time they cross the finish line while having continued to sail the course. This changes RRS Rule 32.2

14. THE FINISH

14.1 The finish line shall be between the main flag pole and the outer distance mark. If the course board dictates a different finish line, then that will be used instead.

14.2 There is no requirement for a sound signal when a boat finishes but there will be an attempt to try to give one.

14.3 Any boat failing to finish after 20 minutes of the first finisher shall be scored DNF

14.4 For pursuit races the finish will be when time expires on the race. This time will be posted on the start time sheet on the course board. Once the race has finished boats shall hold their position in the fleet, record who is in front and behind of them and not overtake anymore boats.

15. PENALTY SYSTEM

15.1 For all multi-hull boats, RRS 44.1 is changed so that the Two-Turns Penalty is replaced by the One-Turn Penalty.

15.2 The Post-Race Penalty, Advisory Hearing and RYA Arbitration of the RYA Rules Disputes procedures will apply (for information on the procedures, visit the RYA website). The outcome of an RYA Arbitration can be referred to a protest committee, but an arbitration cannot be reopened or appealed.

16. TIME LIMITS [AND TARGET TIMES]

16.1 The target window will be to finish the entire fleet between 40-60 minutes. Failure to adhere to these times is not grounds for redress This changes RRS 61.4 (B) 1

16.2 For all series and trophy races the time limit to complete the race is 90 minutes.

17. HEARING REQUESTS

17.1 The time limit in which to file a completed protest form is 1 hour from the end of the last race of the day.

17.2 Protest forms are found in the race office and completed forms are to be handed to either the OOD/ A member of the Executive or sailing committee or emailed to Sailingsecretary@pbsc.org.uk

17.3 A protest Committee will be formed by the Vice commodore or the sailing secretary.

18. SCORING

18.1 One race is required to be completed to constitute a regatta.

18.2 For trophy races the standard scoring system Appendix A shall apply

18.2 For trophy races where 4 races have been completed a boats score shall be the total of her scores minus her worst score. If fewer than 4 races have been completed her score shall be a total of all her scores.

18.3 For the Spring/ Summer, Autumn/ Bank holiday and Brass monkey series the scores of boats that do not finish shall be scored as follows: (this changes Appendix A5)

DNC: The maximum number of boats in any one race in the series + 2

DNS/DNF/RET/OCS/UFD/BFD/NSC/DSQ/DNE: The number of boats that come to the sailing area for the race + 1

ZFP/SCP: Shall be 20% in addition to the score of DNF

18.4 Any one who is doing a duty is entitled to average points for non-DNC races.

18.5 For the Spring/ Summer, Autumn/ Bank holiday and Brass monkey series a boats score shall be the total of all races run minus her discards. The number of discards is as follows: Sailed races divided by two (rounded down) minus 1. An example of how this would look is below.

0 discards when 1 races sailed.
0 discards when 2 races sailed.
0 discards when 3 races sailed.
1 discards when 4 races sailed.
1 discards when 5 races sailed.
2 discards when 6 races sailed.
2 discards when 7 races sailed.
3 discards when 8 races sailed.
3 discards when 9 races sailed.
4 discards when 10 races sailed.
4 discards when 11 races sailed.
5 discards when 12 races sailed.

19. SAFETY REGULATIONS

19.1[DP] Before going afloat a boat shall sign on in the entrance to the club house, on the patio or in the race office. They then must at the first reasonable opportunity sign off when back ashore.

19.2 [DP] A boat that retires from a race shall notify the race committee at the first reasonable opportunity.

19.3 RRS rule 40.1 and 40.2 (c) is applied and adequate personal buoyancy must be worn at all times when afloat.

19.4 Rule 41 is modified in that a boat in difficulty may receive outside assistance if requested, provided that such help does not further her progress around the course.

20. REPLACEMENT OF CREW OR EQUIPMENT

20.1 Substitution of the helm is not allowed without prior approval from the sailing committee.

21. EQUIPMENT AND MEASUREMENT CHECKS

21.1 A boat or equipment may be inspected at any time for compliance with the class rules, notice of race and sailing instructions.

22. PRIZES

22.1 Prizes will be handed out at the end of the season at the Laying up supper. Any prizes not handed out at this presentation will be collectable by their recipient from the club.

22.2 All Trophies remain the property of Pevensy Bay sailing club and shall be returned by 1st October the following year in a clean state.

23. INSURANCE

23.1 Each participating boat shall be insured with valid third-party liability insurance with a minimum cover of **£5,000,000** per incident or the equivalent.

[DP] – Discretionary penalty

[NP] – Non-protestable

- **End of Sailing instructions** -

REFER TO THE PAGE BELOW FOR APENDIX 1 (lights diagram)

APENDIX 1

RACE SIGNALS WHEN USING LIGHTS

Lights displayed on the edge of the balcony

At 5 minutes to the start display reads '5'

At 4 minutes to the start display reads '5 4'

At 1 minute to the start display reads '5 4 1'

At the start all lights go off



For individual recall display reads I



For general recall display reads I I



For shorten course display shows I I I



For postponement the lights will flash between I I I

For Abandonment a flag will be flown from the club flagstaff with 3 sound signals