

# **Pevensey Bay Sailing Club**

## **Health and Safety Policy** v 18.8.2026



### **Statement of Intent**

Pevensey Bay sailing Club is committed to providing a safe and healthy environment for all members, visitors, and public. We aim to manage the risks associated with sailing and related activities.

Sailing is inherently a high-risk sport, and although PBSC endeavours to manage risks wherever possible, there are dynamic risks that cannot necessarily be foreseen and mitigated against.

*This policy will be available to all members on the PBSC website*

### **1.Objectives**

- To reduce the risk of accidents and injuries
- To promote safe practices on and off the water
- To comply with all relevant health and safety legislation
- To provide clear guidance, training, and supervision as appropriate
- To ensure that safety is a shared responsibility among members

### **2. Responsibilities**

Members will-

- take responsibility for their own safety and that of others
- be expected to make their own risk assessments regarding participation in activities, considering their skills, their equipment and the conditions
- follow club rules, safety instructions, policies procedures
- report hazards, incidents, or unsafe behaviour

Club Committee will-

- regularly review this policy
- wherever possible, monitor activities for compliance with club procedures
- investigate incidents and recommend improvements to club practices and procedures

Sailing Instructors will-

- follow agreed operating procedures
- constantly risk assess activities for hazards and adapt accordingly
- Deliver training within RYA published guidelines

### **3.Emergency Procedures**

- An Emergency Incident Plan is displayed in the Race Box and in the foyer; members should familiarise themselves with this document
- Emergency contact numbers will be clearly displayed on Notice Boards in Club House Foyer and Race Box
- A first aider will be available during organised training activities (First Aid courses are run annually and all members are encouraged to participate)
- Incident and accident reporting procedures must be followed

#### **4. Incident Reporting**

- All accidents, near misses, and hazards must be reported promptly
- Records will be maintained and reviewed monthly by the committee to identify trends and make improvements where appropriate

#### **5. Safeguarding and Welfare**

- The club is committed to safeguarding all members
- Procedures are in place to promote and ensure safeguarding practices
- Appropriate supervision ratios during training activities must be maintained
- Concerns must be reported to the designated safeguarding officer or the Police in an emergency

#### **6. Risk Assessments**

- Sailing activities will be subject to appropriate risk assessments where appropriate, possible and practicable
- Assessments will consider weather conditions, water hazards, equipment, and participant experience
- Risk assessments will be reviewed as appropriate and after any incident

#### **7. Safety Policies and Procedures**

The club has a range of Safety Policies, Risk assessments and Standard Operating Procedures, both for afloat and for onshore. Members should familiarise themselves with those documents before participating in events.

#### **8. Training and Competence**

- Instructors will be appropriately qualified
- Safety training will be offered regularly and all members, but particularly new members, are encouraged to attend these sessions

#### **9. Equipment Safety**

- All club owned boats and safety equipment will be regularly inspected and maintained
- Defective (club owned) equipment will be removed from use immediately upon reporting or identification
- First aid kits and emergency equipment will be readily available

#### **10. Club House and Grounds**

The club commits to maintaining a safe and secure environment for its members. The club house and grounds will be regularly inspected and maintained. Members should report any hazards that arise to the committee.

#### ***Review of Policy***

*The committee will review this Policy annually or following any significant incident or change in operations.*